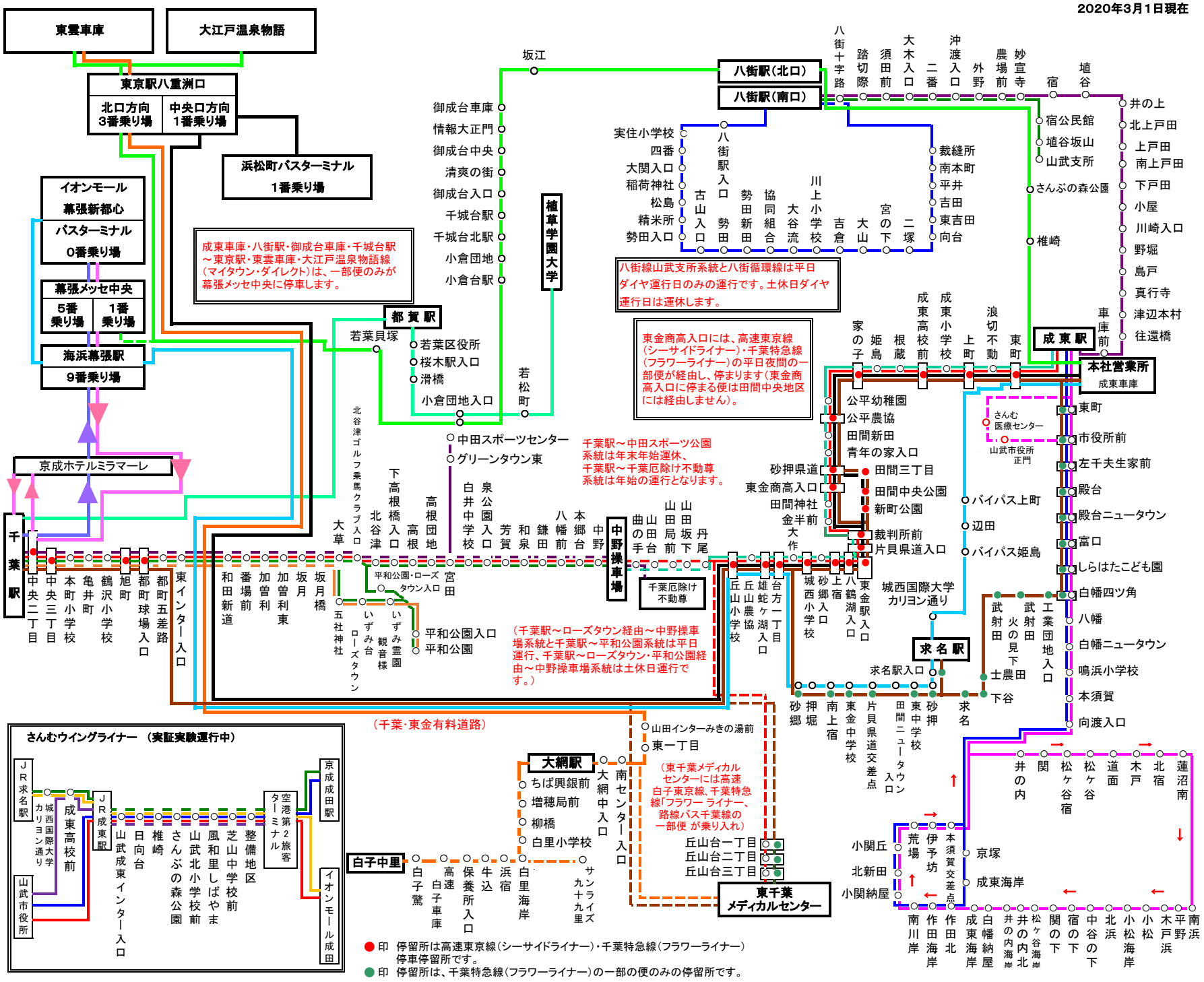2020年3月1日現在